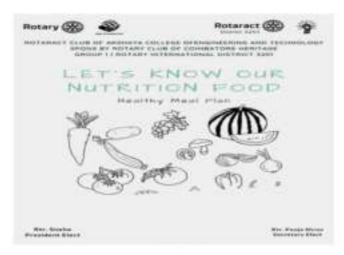
A Report on the Event
"Let's know our Nutrition Food"
05 SEP 2021

Rotaract Club of Akshaya College of Engineering and Technology organized an event on "LET'S KNOW OUR NUTRITION FOOD" an awareness for healthy meal plan on 05 SEP 2021.

A list of nutritious foods for everyday created and suggested the participants to continue eating the items for a week and share the photos of what they eat in a day. Through the event the participants came to know about their personal health care of food they need to consume in order to stay healthy. They also explored many nutritious foods and their benefits. Good nutrition helps as to maintain a healthy weight, it reduce the risk of different disease such as diabetes, heart diseases, blood pressure etc. It not only improves physical health, also improves the mental ability. A balanced diet can help students increase energy levels, improve their concentration power and their performance in exams, it also provides a good immune.





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P.A.Edwin Frenando Rotaract Staff Co-ordinator N. tokant

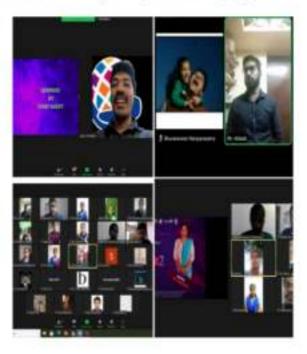
A Report on the Event "Imprint – Installation Ceremony" 19 SEP 2021

Rotaract Club of Akshaya College of Engineering and Technology completed the Club's 7th Installation Ceremony on 19 SEP 2021.

The Installation of the new President of the Rotaract Club of Akshaya College of Engineering and Technology happened on that day. Rotaractor Sneha took in charge as the President for the year 2021-2022 with her new council of board members. The program began with Rotaract prayer by Rtr.Harshitha. Rtr.Abilash Welcome the gathering, Rtr. Bhuvaneswari then report of 2020-2021 new board members and introduction and installation of president and acceptance speech by Rtr.sneha, address by chief guest of DRR.PP.Rtr. Keerthi Vivek do new projects which makes some change in the society. The event was conducted on the Zoom platform, club members, past rotaractors and rotaract friends from other clubs participated in the event and felicitated. Rtn.Vignesh, President, Rotary Club of Coimbatore Heritage addressed the gathering and wished Rtr.Sneha and her team of office bearers all success.

Vote of thanks was proposed by Rtr.Pooja shree. 30 students participated in this program.





P.A.Edwin Frenando Rotaract Staff Co-ordinator

Dr.N.Kathiravan Principal

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A Report on the Event "VISUSUAL 2.0 – Online Quiz" 30 OCT 2021

Rotaract Club of Akshaya College of Engineering and Technology in association with Rotaract Club of Malabar College of Engineering and Technology quiz event on "VISUSUAL 2.0" on 30 OCT 2021.

The event was conducted by Pon Rathnavael Sir through online mode on a WhatsApp group, the event was very useful and interesting for students. The main objective of quiz was to popularize quizzing activities among students and to encourage them to take part in various competitive examination at state and central level and to install in students the value of knowledge, wisdom, and compassion to make them smart citizens. Finally vote of thanks was proposed by Rtr.Pooja shree 45 students from the club participated in this event.







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P.A.Edwin Frenando Rotaract Staff Co-ordinator

Dr.N.Kathiravan Principal

Notations.

A Report on the Event

"00000000000 0000" 14 NOV 2021



Several games and motivational talk were arranged. Children were motivated to

- Set goals and make a list of short term goals.
- Make things competitive and encourage them.
- Make plans in order to reach goals.
- Remaining positive thoughts drive children to success.
- Increase the performance of learning.

•

Children enjoyed all the activities. Stationery kits were provided to all the children.

Education is the first step to overcoming poverty. A single pack of pencils and paper could be the gateway to a bright future.

Children thoroughy enjoyed the program. 150 children and 250 people benefited by the program.





P.A.Edwin Frenando

Rotaract Staff Co-ordinator

N. tokant Dr.N.Kathiravan

Principal

A Report on the Event "GAME HUNT 2K21" 19 NOV 2021



Rotaract Club of Akshaya College of Engineering and Technology organized "GAME HUNT 2K21" a grant event for the club members and first year students of Akshaya College of Engineering and Technology on 19 November 2021.

The event was handled by Rtr.Khumaravelu, Rtr.Anudharshini, Rtr.Hamna and Rtr.Vidhya Vigashini Kanagaraj from our Rotaract Trainer's Cell. The games were not only fun for students but study also learned to build leadership qualities in them.

Games improve cognitive function like memory and reasoning. Hence games were arranging to motivate the students.

The vote of thanks was proposed by Rtr.Pooja Shree. 150 students participated in the games and got benefitted.



P.A.Edwin Frenando Rotaract Staff Co-ordinator



A ROTARY YOUTH LEADERSHIP AWARDS (RYLA) By ROTARY CLUB OF COIMBATORE HERITAGE for AKSHAYA COLLEGE OF ENGINEERING AND TECHNOLOGY LEAD THE CHANGE

Background

In today's world, youngsters are faced sudden and sustained changes and leadership during such changing matters a lot. Rotary Club of Coimbatore Heritage planned to offer a RYLA on the theme of "Change Leadership". In this regard, Rotary Club of Coimbatore Heritage arranged a program the RYLA "LEAD THE CHANGE" for the 13th batch of UG students of Akshaya College of Engineering and Technology, Coimbatore. The programme was aimed at instilling leadership among the 132 students who were about to change from school to college life. They are also changing from pre covid online education to post covid offline education. At this period of change, leadership among the students would also enable them to create a positive change. The training was made special by dividing the participants into small groups of about 30 per team and providing them practical learning.

Date

08 - 10 November 2021 (Monday - Wednesday)

Time

09.30 AM to 04.30 PM

Venue

Akshaya College of Engineering and Technology

Faculty

Rtn Pon Rathnavel, District Coordinator - Interact, RI District 3201

Rtr Laxmi Narayanan, District Trainer- Rotaract, RI District 3201

Rtr Sabarinathan, District Trainer - Rotaract, RI District 3201

Rtr Thanga Panthieyan, District Trainer - Rotaract, RI District 3201

Rtr Varalakshmi, District Trainer - Rotaract, RI District 3201

Programme

08 November 2021, Monday

09.30 AM - 10.00 AM - Tea break

10.00 AM - 12.00 Noon - SEEDS OF CHANGE (Inauguration)

Chief Guest - Rtn Baskaran, Assistant Governor, RI District 3201

12.00 Noon - 01.00 PM - Lunch Break

01.00 PM - 03.30 PM - ATTITUDE CHANGES EVERYTHING

Trainer - Rtn Pon Rathnavel, District Coordinator - Interact, RI District 3201

03.30 PM - 04.00 PM - Tea break

04.00 PM - 04.30 PM - CHANGE FROM ME TO WE (Team Division)

Trainer - Rtn Pon Rathnavel, District Coordinator - Interact, RI District 3201

09 November 2021, Tuesday

09.30 AM - 12.30 PM - Forenoon Session

Batch Number	Trainer	Topic
1	Rtr Laxmi Narayanan	ADAPTING TO NEW CHALLENGES
2	Rtr Sabarinathan	TEAM WORK
3	Rtr Thanga Panthieyan	CRISIS MANAGEMENT
4	Rtr Varalakshmi	COMMUNICATON SKILLS

12.30 PM - 01.00 PM - Assignment 01/Self Awareness/Rtn Pon Rathnavel

01.30 PM - 04.30 PM - Afternoon Session

Batch Number	Trainer	Topic
2	Rtr Laxmi Narayanan	ADAPTING TO NEW CHALLENGES
1	Rtr Sabarinathan	TEAM WORK
4	Rtr Thanga Panthieyan	CRISIS MANAGEMENT
3	Rtr Varalakshmi	COMMUNICATON SKILLS

04.30 PM - 05.00 PM - Assignment 02/Officer Like Qualities/Rtn Pon Rathnavel

10 November 2021, Wednesday

09.30 AM - 12.30 PM - Forenoon Session

Batch Number	Trainer	Topic
3	Rtr Laxmi Narayanan	ADAPTING TO NEW CHALLENGES
4	Rtr Sabarinathan	TEAM WORK
1	Rtr Thanga Panthieyan	CRISIS MANAGEMENT
2	Rtr Varalakshmi	COMMUNICATON SKILLS

01.15 PM - 04.15 PM - Afternoon Session

Batch Number	Trainer	Topic
3	Rtr Laxmi Narayanan	ADAPTING TO NEW CHALLENGES
3	Rtr Sabarinathan	TEAM WORK
2	Rtr Thanga Panthieyan	CRISIS MANAGEMENT
1	Rtr Varalakshmi	COMMUNICATON SKILLS

04.15 PM - 05.00 PM - CHANGE BEGINS HERE (Valediction Session)

INAUGURAL SESSION – SEEDS OF CHANGE

Guest Rtn Vigneesh, President of Rotary Club of Coimbatore Heritage welcomed the gathering and their parents. Rtn Rathnavel briefed about Rotary and RYLA to the audience. Dr N Kathiravan, Principal, Akshaya College of Engineering and Technology and Rtn Prakash Krishnan, Chairman – Young Leaders, Rotary Club of Coimbatore Heritage felicitate the gathering. The lamp lighting ceremony was done in the presence of Dr K Sivasankari, Vice Principal, Akshaya College of Engineering and Technology and Rtn Prakash Chandran, Rotary Club of Coimbatore Heritage. Rtn Raja Palaniappan, Secretary of Rotary Club of Coimbatore Heritage proposed the Vote of Thanks.

In his inaugural address, Rtn Baskaran emphasized the importance of RYLA and its historical evolution. He insisted the students to make use of the opportunity and hone their leadership skills. He also requested the participants to set a goal for themselves and this would be the right time to exquite the experience got in the school life is the expensive to rewrite their success with fresh energy in college life. He recounted anecdotes from his personal life and inspired the students to become nothing but a leader in their own right.

In his special address, Rtn Rangaraj, Trustee, Akshaya College of Engineering and Technology and member of Rotary Club of Coimbatore heritage expressed his happiness that both his institutions are coming together for the youngsters. He asked the students to take Rotarians as inspiration because they could toil professionally. He emphasized that real leadership is achieving professional success and then sharing that success by celebrating it with the needy. He also requested students to make their parents proud and repay their hard work with their success.



Rtn Rangaraj, Trustee, Akshaya college of engineering and technology presented a welcome address to the gathering.

VALEDICTORY SESSION – CHANGE BEGINS HERE

Rtr Sneha, President, Rotaract Club of Akshaya College of Engineering and Technology parented by Rotary Club of Coimbatore Heritage welcomed the gathering.

Rtn Pon Rathnavel, Lead Trainer of the RYLA gave his observations regarding the RYLA and appreciated the participants. He emphasized the participants to use the learnings to lead the change. He thanked Rotary Club of Coimbatore Heritage and Akshaya College of Engineering and Technology for this great endeavour. He also thanked his fellow faculty and this team.

The outstanding participants of the RYLA were declared as Allam Nandhini, Dinesh, Rahul and Sruthi first year student. They were presented gifts by Dr S Kapilan, PRO, Akshaya College of Engineering and Technology.

Prof.P.A.Edwin Fernando Assistant Professor Civil and Prof. Sangeetha Assistant Professor Physics of Akshaya College of Engineering and Technology honoured the trainers of the RYLA.

With help from Rotaract Club of ACET, certificates were distributed to all 132 participants of the RYLA. The participants were also provided with a RYLA notebook, pen and assignment sheets during the course of RYLA.

Dinesh, Sathish, Harshavardhan and Sruthi offered feedback from the students. They thanked the training. By giving a creative and positive start.

Rtr Hansika, Joint Secretary, Rotaract Club of Akshaya College of Engineering and Technology proposed the Vote of Thanks



Dr. Kapilan Sir presenting the certificates to the participants in the event.

ATTITUDE CHANGES EVERYTHING – Rtn Pon Rathnavel

In this session, Rtn Rathnavel started with the PRIME CLAP test, a test to gauge the group dynamics of the audience. His demonstration of group dynamics of the audience set the tone for a positive and vibrant session. With help of a quiz he impressed the audience to set a goal in life as LIE (Legend in Engineering) or DIE (Degree in Engineering). He emphasized how attitude changes everything with help of his acronyms ABCD and AISK which are successful measures of college and professional life. At the end of the session, an attitude assessment Dr Phil Test was taken by the students. The participants found the session very lively and full of learning.



Prof. Pon Rathnavel Sir interacted with the students in the event.

HOW FAST THINGS CHANGE ADAPTING TO CHALLENGES - Rtr Laxmi Narayanan

In this session, Rtr Laxmi Narayanan carried out a simulation BOSS OF BIG BOSS. He divided the group of 30 students into 4 groups with some musical accompaniment. He then simulated BOSS OF BIG BOSS, a game based on Big Boss Shows and Auction which would stimulate strategic thinking among small groups. After the simulation, Rtr Laxmi Narayanan seamlessly struck an analogy between the game and college life. He asked the students to understand the challenge, rise up to challenge, recover from small success and failures and work towards the real goal. The interesting simulation and the coherent learning was well appreciated by the students.



Trainer Laxmi Narayanan handed the session boss of big boss to the participants.

CHANGE YOUR TEAM BEFORE YOUR TEAM CHANGES YOU TEAM WORK - Rtr Sabarinathan

In this session, Rtr Sabarinathan carried out a simulation GOOGLE GANG. He divided the group of 30 students into 4 groups. With his energizer, APPLE AND ORANGE, he changes the world the team together. He then simulated GOOGLE GANG, a game based on quick thinking and solid partnerships. After the simulation, Rtr Sabarinathan asked the teams to list out their learnings of team work. He flawlessly used the inputs and charted the fundamentals of team work for the students. The interesting simulation and the coherent learning was well appreciated by the students.



Trainer Sabarinathan conducted game for the participants.

CRISIS BRINGS CHANGE CRISIS MANAGEMENT - Rtr Thanga Panthieyan

In this session, Rtr Thanga Pantheiyan explained the term crisis. He said the real crisis was not reacting to the situation. He divided the group of 30 students into 4 groups. He gave them each 8 real time situations in crisis management. The teams discussed the crisis and provided what they thought were ideal solutions. All the solutions were discussed and ranked. Rtr Thanga Panthieyan then briefed them about the fundamentals of crisis management. He emphasized that leaders see crisis as a challenge and not as a problem. He took questions for students from day to day crisis and offered his views. The students found the session an eye opener to approaching crisis in life.



Trainer Thanga Panthieyan handed the session on crisis management to the participants.

CHANGE THINGS WITH YOUR COMMUNICATION COMMUNICATION SKILLS - Rtr Varalakshmi

In this session, Rtr Varalakshmi emphasized the importance of communication. She explained how proper communication would change things better. She explained the SMCR model of communication and requested the students to think before they embark on communication. She explained the factors that influence in positive communication. She gave exercises in communication and through exercises, she emphasized the needs and means to communicate better. She concluded by pointing out how leaders communicate. The session was well received by the audiences.



Trainer Varalakshimi thought about the communication skills for the freshers in our college.

P.A.Edwin Frenando

Staff Co-ordinator

Dr.N.Kathiravan Principal

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A Report on the Event

17 DEC 2021



The event was started with flag off by Dr. Kabilan – Head of the department, Departmen of Civil Engineering. Rtn. Vignesh – President, Rotary Club of Coimbatore Heritage, Rtn. Raja Palaniappan – Secretary, Rotary Club of Coimbatore Heritage, Rtr. Bharath – Group Rotaract Secretary, Group 1, Rotary International District 3201 also participated in the rally.

The rally started from Akshaya College of Engineering and Technology reached the Kinathukadavu main bus stand. Women empowerment hoardings like "A Strong Women is Sign of Strong Nation" were carried by the students to motivated the public.

160 students participated in the rally.





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P.A.Edwin Frenando Rotaract Staff Co-ordinator

ROTARACT CLUB OF AKSHAYA COLLEGE OF ENGINEERING AND TECHNOLOGY A Report on the Event "TAGGEDHE LE" 17 DEC 2021



Rotaract Club of Akshaya College of Engineering and Technology in association with Rotary club of Coimbatore Heritage Group 1 Rotary internation District 3201 organized an induction programme "TAGGEDHE LE" for first year students on 17 December 2021.

Rtr.Abilash welcomed the gathering. Mr.Pinapala Chanikya, was the chief guest. He participating through online mode and made the students to understand the significance of Quantitative aptitude. Also students were made aware of how quantitative aptitude will be helpful in preparing for any compatative exams. He conducted a Quiz session for the students.

vote of thanks was proposed by Rtr.Maruthi vara prasath 23 students benefited through this program.





