

### Certificate Courses Conducted

Academic Year	Name of the Certificate Course	Year/Branch	No. of Students Benefited
2022 - 2023	Yoga for Youth Empowerment	IV Year	140 Students
2023 - 2024	Yoga Induction Programme - 2023	I Year	300 students

### Event Organised

Academic Year	Date	Name of the Programme	Resource Person	No. of Students
2023-2024	21.06.2023	International Yoga Day "Yoga for Youth Empowerment"	Arulnidhi Mr.Kalimuthu, Vedhatri Maharishi, MVKM Trust	215
2022-2023	21.06.2022	Yoga for Youth Empowerment	Ms. Parameswari. S & Ms. Santhiya WCSC - Certified Yoga Trainers, Coimbatore	135
2021-2022	20.09.2021	Marriage Preparation Course	Ms. Parameswari. S & Ms. Santhiya WCSC - Certified Yoga Trainers, Coimbatore	150
2020-2021	21.06.2021	Yoga for Youth Empowerment	Ms. Parameswari WCSC-Certified Yoga Trainer, Coimbatore	120
2019-2020	21.09.2019	Fit for Future through Yoga Practice on International Day of Yoga	Mr. B. S. Elamurugen & Ms. S. Parameswari Life Skill Trainer Yoga Practitioners From Shri Ram Chandra Mission Naachipalayam,	112
2018-2019	11.07.2018	Kayakalpa Payirchi	Prof. S. Mohanasundaram Yoga Trainer, Vethathiri Maharishi Yoga Center, Coimbatore.	60

	20.06.2018- 22.06.2018	Meditation - Eight Limbs of Yoga - International Day of Yoga' 18	Thiru. Vinod, Technology Director, Focus Prism Pvt Ltd, & Mrs.Rajeshwari, Yoga Practitioners from Shri Ram Chandra Mission, Naachipalayam, Coimbatore.	242
2017- 2018	22.09.2017	Kayakalpa Yoga	Prof. Ms. Poongodi World Community Service Centre,	273
	20.06.2017- 21.06.2017	International Day of Yoga - 2017	Thiru. Vinod, Technology Director, Focus Prism Pvt Ltd, Yoga Practitioners from Shri Ram Chandra Mission, Naachipalayam, Coimbatore	161
2016- 2017	17.08.2016	Kayakalpa Payirchi	Prof. S. Mohanasundaram Vethathiri Maharishi Yoga Center, Coimbatore.	268
2015- 2016	02.08.2015	Kayakalpa Payirchi	Prof. S. Mohanasundaram Vethathiri Maharishi Yoga Centre, Coimbatore	320

**Prize Winners**  
**Academic Year 2022-2023**  
**Yoga for Women - Team**

S.No	Name of the Students	Year	Position
1	Amirtha Yohalakshmi. A Vidhya Bharathi. J	III ECE III ECE	Winner
2	Varshini. N Mallem Sai Pushpa Hemalatha. K	III CSE I CSE II ECE	Runner

### Yoga for Women - Singles

S.No	Name of the Student	Year	Position
1	Vidhya Bharathi. J	III ECE	Winner
2	Mallem Sai Pushpa	I CSE	Runner

### Yoga for Men – Team

S.No	Name of the Student	Year	Position
1	Hariharan M Akash	IV EEE IV EEE	Winner
2	Yugesh Sudharasan	III Mechatronics IV CSE	Runner

### Yoga for Men - Singles

S.No	Name of the Students	Year	Position
1	Yugesh	III Mechatronics	Winner
2	Shalom I	III Mechatronics	Runner

### Photographs



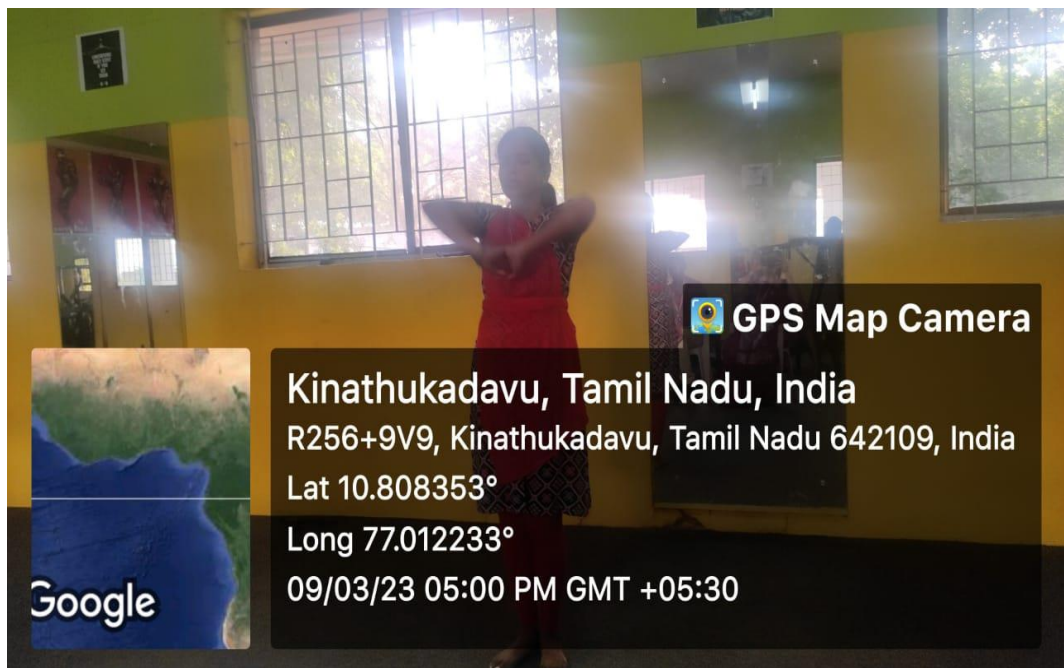
**Students participated in the Yoga for Youth Empowerment programme conducted on 21.06.2022**



**International Yoga Day celebration on 21.06.2023**



**Students Participation in a Certificate Course on “Yoga for Youth Empowerment”**



**Students participated in a yoga competition conducted on 09.03.2023**